

## Settling In at Little Lionhearts Nursery School

During the settling in process Little Lionhearts invites children and parents to come in for a couple of hours a day. Settling in sessions allows children to become familiar with the setting, routines, their key person and other practitioners. We strongly advise parents consistently bring their children in for settling in sessions, as breaks can be confusing, disruptive and sends conflicting messages.

Here at Little Lionhearts Nursery School, we believe every child is a unique child, therefore some children may take longer to settle and can become distressed when separating from their parents/carer. If this is the case we advise parents to still leave the child with us so he/she has an opportunity to form a bond with their key person and eventually settle into the nursery.

### Week One

In the first week of settling in, we ask parents / carers to attend the nursery for the first few sessions to help settle the child and assist them in becoming familiar with the setting and their parents absence. On the first day, we suggest that the child is left for the duration of an hour. During this time we recommend parents stay on site in our cafeteria and help themselves to a hot or cold beverage, Should we need to call upon the parent. On the second day based on the child's progress, we recommend repeating the settling in process for the week. Increasing the amount of time the child stays with us each day, allowing them to feel more comfortable to do a full session.

### Week Two

During the second week of settling we encourage parents / carers to explain to the child the pickup and drop off process. i.e. 'Today mummy is going to go to the shop whilst you play at nursery with Miss F', I will be back in an hour, Love you, see you soon. We believe it is important to maintain that trust between the child and the parent, therefore we always advise parents to say bye, rather than sneaking off. Parents are asked to bring the child into nursery and drop them off at the main entrance where their key person will greet them and welcome the child into his/her base room.

### ToothBrush and Toothpaste

Here at Little Lionhearts we encourage all children to brush their teeth at least once a day after a meal time, We feel brushing teeth demonstrates independence and self-care.

### Family Photo

Little Lionhearts Nursery School believes it is important to have a family photo in his/her base room, located in the home corner allowing children to see familiar family members as well as showing their fellow peers. We kindly ask parents/ carers to send a photo via email and we will happily print it and frame it.

### Spare Clothes and Labeling

We advise parents to bring a sufficient amount of spare clothes and label them, to allow us to support you throughout the potty training stage.

### Bed Sheets

Should your child require a sleep time, we are currently kindly asking parents to provide a comforter if needed, bed sheets and a blanket for your child to minimize risk of potential infection.

### Nappies

If your child is under the age of two years old, we at Little Lionhearts Nursery School provide nappies. We ask parents to provide wipes as well as nappy cream if required.